JUNE'S SEASONAL RECIPE #2

Asparagus Pizza

Makes 3 pizzas

Ingredients

For the dough:

- 250g plain white flour
- 250g strong white flour
- 1½ level tsp fine sea salt
- 1 teaspoon easy-blend (instant) yeast
- 1 tablespoon rapeseed or olive oil, plus a little extra

For the topping:

- 4 tablespoon olive oil, plus a little extra for trickling
- 2 large onions, peeled and finely sliced
- Sea salt and freshly ground black pepper
- 1 bunch slender asparagus spears (about 400g)
- 150g air-dried ham such as parma or serrano
- Hard, matured goat's cheese or parmesan

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How To Do It

- 1. To make the dough, put the flours in a large bowl with the salt and yeast. Mix well.
- 2. Add the oil and 325ml warm water, and mix to a rough dough.
- 3. Flour your hands a little, then tip out the dough on to a work surface and knead rhythmically for five to 10 minutes, until smooth.
- 4. Put the dough into a lightly oiled bowl, cover with a tea towel and leave in a warm place to rise until doubled in size at least one hour.
- 5. Heat the oven to 240C/465F/gas mark 9, if it goes that high, or at least 220C/425F/gas mark 7, and put in a baking sheet to warm up.
- 6. Meanwhile, prepare the topping. Heat the oil in a frying pan over medium heat.
- 7. Add the onions and a pinch of salt.
- 8. Once sizzling, turn the heat to low and cook gently, stirring from time to time, until the onions are very soft and golden at least 15 minutes, up to 30.
- 9. Tip the dough on to a lightly floured surface and deflate with your fingers. Leave to rest for a few minutes, then cut into three. Roll out one piece as thinly as you can.
- 10. Take the hot baking sheet from the oven, scatter over a little flour (or fine polenta/cornmeal) and lay the dough base on it.
- 11. Spread a third of the onions over the dough and arrange a third of the asparagus on top.
- 12. Tear the ham into shreds and lay a third of it over the asparagus.
- 13. Season and finish with a generous trickle of oil.
- 14. Bake for 10-12 minutes, until the base is crisp, the edges browned and the asparagus tender.
- 15. Repeat with the remaining dough and topping. Serve hot in slices or wedges, scattered with fine shavings of goat's cheese or parmesan and a splash more oil.

